

École Seaforth Elementary School

SPIRIT DAY

April 27, 2012

A School and Community Conference

PRIMARY STUDENT (K-3) WORKSHOPS

Thanks to our sponsoring Educational Partners:

Burnaby Mountain Karate - Curtis Gerlinger

Canada Border Services – Stephanie Yau

Dancin' Stars & High Notes School of Performing Arts – Sonica Gurjal

Sewing with France – France Dorais

Young Screen Actors Academy – Kirsten Clarkson & Marc-Anthony Massiah

Mindstein – Barbara Johnson

Scouts Canada – Kathleen Potter

Burnaby Junior Chess Club – Dwayne Wurtz

GardenWorks Burnaby – Candyse Roberts

Scientists & Innovators in the Schools Program – Neil Dobson, SFU

Pacific Assistance Dogs Society (PADS) - Gail Ferrier

Wesburn Soccer – Metro Gerela & Lisa D'Andrea

Electronic Arts – Kerry McGaffney

Reptile Rescue, Adoption & Education Society - Val

Let's Talk Science SFU & UBC - Nicole

Consumer Product Safety, Government of Canada

**We are also grateful to the Seaforth Staff, Parents and Community for
your help & support.**

Your 2012 Spirit Day Committee.

Mary Holmes

Janet Lee

Stella Lo

Jennifer Mezei

Dal Sidhu

Zahra Somani

Gail Su

Pablo Su

SEAFORTH SPIRIT DAY

Friday April 27, 2012

Primary Workshop Program

Dear Parents and Students,

On the following pages you will find our workshop offerings for Spirit Day 2012. We have some wonderful workshops lined up for this year, and we are looking forward to another successful Spirit Day.

This year we have produced two catalogs : one for Primary Students and one for Intermediate Students. This is the Primary Student Catalog, which contains a listing of all workshops Primary Students are eligible to attend.

For the purposes of this Program, Primary Students are those in Kindergarten to Grade 3.

The numbers in parenthesis are the number of available spaces in each workshop. We will make every effort to place you in the workshops of your choice - please be sure to mark your first, second and third choices on your form.

There are some workshops that are open only to students in specific grades, these exceptions are **highlighted in yellow**.

Some workshops ask that you bring or wear something on Spirit Day, those are noted are in **RED**. Please try to remember what you need to bring, as no reminders will be sent home.

Have fun choosing your workshops.

Remember: your completed form is due back to school by **March 28th**.

Session A : 9:15 - 10:15am

A1-O Japanese Karate & Self Defense (30)

**Sensei Curtis Gerlinger
& Burnaby Mountain Karate**

Learn the fundamentals of Traditional Japanese Karate. You will also get the chance to use these ancient techniques to defend yourself in a mock battle against a real Black Belt! Good luck and have fun!

*****Gym attire is recommended*****

A2-O Hand Tools and Woodworking (10)

Laura & Phillip Thomsen

Are you curious to learn about different hand tools and their uses? Come join us for this informative workshop and make your very own Magic Bottle Holder which can be sanded, primed and painted in your favourite colours! *****This gets messy, so bring/wear a smock or old shirt*****

A3-O Cupcake Icing and Fondant Sculpting (10)

Penny Chisholm

Choose a cupcake and ice and decorate it with various edible embellishments including a fondant creation you make yourself. Personalize your own cupcake box to take your finished cupcake home.

A7-P Pictionary! (16)

Mrs. Glavas & Ms. Hanson

Do you like drawing and guessing games? If so, "Pictionary!" is the session for you!. Two teams will play against each other, trying to guess what their teammates are drawing. Come join the fun!

A17-P Tissue Paper Bouquets (15)

Mrs. Bastone & Mrs. Kaga

Using brightly coloured tissue paper, we will create large spring bouquets - a beautiful gift or to decorate your own room!

A23-P All About Schools and SCOUTS (25)

Scouts Canada

Come learn about SCOUTS Canada and the fantastic after school programs offered. Schools and SCOUTING is their innovative Outdoor Education Program.

A26-P Plant Seeds to Start Your Own Garden! (30)

GardenWorks, Burnaby

Learn about seeds and explore different sized and shaped seeds and learn what you need to do to make yours grow. Plant some seeds to take home and grow!

A28-P Paper Airplane Workshop (20)

**Annie & Darryll Hobson,
Phyllis Tong**

Making and flying Paper Airplanes is easy and fun, we can teach you some tricks to make yours fly even better! You will learn to make different Paper Airplanes and even a Super Flyer! Customize your planes and put them to the test against other planes.

A29-P Bridge Building (30)

Neil Dobson - Scientists & Innovators

Crossing bridges is an essential part of life in the Lower Mainland. This workshop is designed to show with paper and straws, how by making different straw shapes on the paper, you can increase the strength of the bridge structures.

A30-O Assistance Dogs in your Community (40)

**Pacific Assistance Dogs
Society (PADS)**

These working dogs provide much needed help to people with physical disabilities and to the communities in which they live. Come meet some of these dogs, learn about their jobs and the people who work with them.

A32-P Introduction to Soccer (12)

Judy Lim

Kindergarten & Grade 1 Only

Come out for an hour of fun, learning how to dribble, pass and shoot. We will do some fun drills and play some small-sided games.

A35-P Detector Dog Service (30)

Stephanie Yau

What do detector dogs do? Find out how the Canadian Border Services Agency uses these dogs to find illegal drugs, missing people, and other problems at our borders. A video and demonstration on how these dogs do their jobs will be of interest to everyone.

A40-O All about Oil Spills (40)

Let's Talk Science - SFU/UBC

What is an oil spill? Learn about the impact of oil spills on our environment and about different clean up methods used.

A42-P Safe Toys & Other Products (15)

**Consumer Product Safety
Program**

Consumer Product Safety provides safety insight into various consumer products including toys, safety gates, and helmets. This workshop will show examples of "bad" toys and unsafe products. Come play a fun game while learning how to identify hazardous products and meet Radar the Safety Dog!

Session B: 10:45 – 11:45am

B1-O Japanese Karate & Self Defense (30)

**Sensei Curtis Gerlinger
& Burnaby Mountain Karate**

Learn the fundamentals of Traditional Japanese Karate. You will also get the chance to use these ancient techniques to defend yourself in a mock battle against a real Black Belt! Good luck and have fun!

*****Gym attire is recommended*****

B2-O Hand Tools and Woodworking (10)

Laura & Phillip Thomsen

Are you curious to learn about different handtools and their uses? Come join us for this informative workshop and make your very own Magic Bottle Holder which can be sanded, primed and painted in your favourite colours! *****Note: this gets messy, so bring/wear a smock or old shirt*****

B3-O Cupcake Icing and Fondant Sculpting (10)

Penny Chisholm

Choose a cupcake and ice and decorate it with various edible embellishments including a fondant creation you make yourself. Personalize your own cupcake box to take your finished cupcake home.

B5-O Card Making (15)

Birdie Chan

In this workshop, we will be making 3 beautiful cards you can personalize with pretty papers, ribbon, flowers and other decorations.

B8-P Cupcake Castles (12)

Ms. Tazumi & Mrs. Graham

Grade 1 ONLY

Lords and Ladies come to the Magical Land of Cupcake Castle Making!

B12-O Beautiful Birds Watercolour Painting (15)

Mme Richter

Learn painting techniques and create a beautiful watercolour masterpiece!

B13-O Delicious Wontons (15)

Donna Mah & Lianna Mah

Learn the fun art of making Delicious Wontons. In this workshop you will learn to how to wrap, cook & EAT your own yummy wontons!

B14-P Hip Hop Dancing (30)

**Dancin' Stars School of
Performing Arts**

Do you feel like Dancing? If so, this class is for you! In this fun class you'll learn basic Hip Hop techniques which we'll put together for our own unique dance combo.

***** Gym attire is recommended*****

B19-P Acting for Film and Television (12)

Young Screen Actors Academy

Lights! Camera! Action! Are you dreaming of Hollywood? In this workshop you will learn specific film and television techniques from some of Vancouver's top Acting Coaches. Learn what it takes to work in the Acting Industry.

B21-P Cupcake Decorating (12)

Dolores Cruzelle

Spring is in the air, flowers are blooming and animals are waking from hibernation. What better way to celebrate Spring than by making some colourful yummy Spring Cupcakes? Learn cupcake decorating techniques you can use again and again at home for birthdays and other special occasions. Decorate a beautiful cupcake to take home.

B24-P Chess Workshop (20)

Burnaby Junior Chess Club

Learn the principles and foundations of Chess, as well as the benefits of learning chess, the details of what is learned at various levels of Chess (Pawn, Knight etc) and strategies to become a strong Chess Player.

B26-P Plant Seeds to Start Your Own Garden! (30)

GardenWorks, Burnaby

Learn about seeds and explore different sized and shaped seeds and learn what you need to do to make yours grow. Plant some seeds to take home and grow!

B28-P Paper Airplane Workshop (20)

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**Pacific Assistance Dogs
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B31-P Make your own Terrarium (12)

**Shannon Derksen, Lisa Framingham,
& Sonia Black**

Learn what plants need to grow and about some neat plants that live in unique environments. Make a terrarium with some plants to take home!

B32-P Introduction to Soccer (12)

Judy Lim

Grades 2 & 3 ONLY

Come out for an hour of fun, learning how to dribble, pass and shoot. We will do some fun drills and play some small-sided games. *****Gym attire is recommended*****

B34-P Mother's Day Decorated Canvas (20)

Venietia Tutlewski

Come decorate a Canvas to give Mom for Mother's Day. Students will use paint, and a variety of embellishments to decorate this special keepsake for Mom.

*****Please bring a photo of yourself to be incorporated into the design*****

B37-P Kanga Cricket (12)

Anil Khanna

In this workshop you will learn the basics of this exciting, international sport. Skills such as batting, bowling, and fielding will be taught along with other training and drills. Students will have the opportunity to use these skills in a fun game. *****Gym attire is recommended*****

B40-O All about Oil Spills (40)

Let's Talk Science - SFU/UBC

What is an oil spill? Learn about the impact of oil spills on our environment and about different clean up methods used.

B42-P Safe Toys & Other Products (15)

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Session C: 1:00 – 2:00pm

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Mrs. Glavas & Ms. Hanson

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C8-P Cupcake Castles (12)

Ms. Tazumi & Mrs. Graham

Grade 2 ONLY

Lords and Ladies come to the Magical Land of Cupcake Castle Making!

C11-P Hands on Science (15)

Monika Gray

Come and experiment with everyday items you can find in your own home. Create "Dancing Raisins", "Bendy Bones", "Frankenstein's Hand" and more!

C12-O Beautiful Birds Watercolour Painting (15)

Mme. Richter

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C23-P All About Schools and SCOUTS (25)

Scouts Canada

Come learn about SCOUTS Canada and the fantastic after school programs offered. Schools and SCOUTING is their innovative Outdoor Education Program.

C25-P Spa Science (16)

Lynne Vidler & Sandra Mankoo

Explore the real chemistry behind your favourite beauty products and whip up a few things to take home! You will learn to use natural ingredients to make cool concoctions like funky soaps and lip balm.

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C38-O Beaded Backpack Buddies (20)

Cheryl Tong

Grades 2 - 3 ONLY

Make a cool beaded Gecko, Butterfly or Snake to hang on your backpack!

C39-P Reptiles!!! (30)

Richmond Reptile Rescue, Adoption & Education Society

Come meet and learn about Snakes, Turtles and Lizards in this fun and informative workshop. You will learn how to handle these animals and about how to care for them.

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Seaforth Spirit Day Sign-Up

Dear Students and Parents:

The Seaforth Spirit Day Program for Friday April 27, 2012 is now complete. A copy will be e-mailed to you and a PDF version will be available online at the PAC website: www.seaforthpac.net . If you need to consult a printed copy of the program, one will be available at the counter of the school office.

Please return your completed forms by Wednesday March 28th to the school. As classes fill up quickly, it is very important that students not only list their top preference for each session, but also list **3 alternatives for each session**.

The schedule for Spirit Day is as follows:

9:00am	Opening & Attendance
9:15 – 10:15am	Session A
10:15 – 10:45am	Recess Break
10:45 – 11:45am	Session B
11:45 – 12:45pm	Lunch Break
12:45pm	Attendance in Home Rooms
1:00 – 2:00pm	Session C
2:15pm	Students return to Home Rooms for Dismissal

When selecting sessions with your child, please note the following:

- The letter preceding the session number indicates the time of the session.
- The Program is divided into age groups: Primary (K-3), General (K-7), and Intermediate (4-7). Please select only courses from the section for your child's correct age group. Some sessions have indicated special age groupings and these exceptions are noted in the session description. Students will not be able to register for sessions that are not age appropriate.
- The number in parenthesis indicates the maximum number of students allowed in the session.

Please return the bottom of this form by Wednesday March 28th. Please list session numbers only.



Student Name:	Div:	Grade:		
	1 st Choice	2 nd Choice	3 rd Choice	4 th Choice
Session A				
Session B				
Session C				